## GOODY BAGS & CERTIFICATES For everyone who does the ride, swim and walk

A GREAT ACTIVE DAY OUT FOR EVERYONE

Knowsley Leisure & Culture Park Longview Drive, Huyton, Liverpool L36 6EG

FAMILY

5TH APRIL 2018 9.30AM - 1PM

CYCLE MUSEUM DISPLAY

> **BMX TRACK** SESSIONS

DITCH YOUR STABILISERS LEARN TO RIDE

NORDIC WALKING SESSION

FREE SWIM SESSION AND SWIM **ASSESSMENTS** 

CYCLING OBSTACLE COURSE ON THE VELODROME

BOOK YOUR PLACE NOW!

**SMOOTHIE** BIKE

WHEELS FOR ALL SESSION



FACE PAINTING

SOFT PLAY AREA

MUCH MORE!

## RESERVE YOUR PLACES AT: KNOWSLEYACTIVEFEST.EVENTBRITE.COM

Contact Lou Henderson 07989 399725 for more information.

Follow us: Pedalaway

Please note some of our conditions: Booking is required to gain entry. Swimming: One adult may accompany up to two children aged between 4 and 8 years old. Under 4's must be accompanied 1:1. BMX sessions - Riders must be over 5.



















